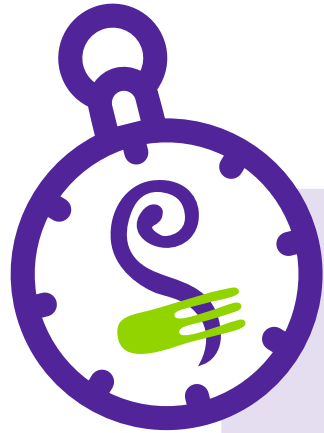


RUN FOR MENTAL HEALTH



GUESS MY TIME

How long will it take to cross the finish line?

Please donate \$* to support my run for mental health and help spread the message of wellbeing in Aotearoa!

The person with the closest guess to my official finish time will win

How it works

Step 1: Source a prize for your sweepstake and complete details at the top.

Step 2: Ask your friends, whānau, and workmates to guess your finish time by filling in the boxes.

**Suggest a donation to be in to win a prize. It doesn't have to be big – it could simply be coffee or lunches.*

Step 3: Announce the winner after you've completed the race.

LAST GUESS DATE

WINNER REVEALED

Example

04:32⁰⁰

Gessed by
John Smith

00:00⁰⁰

Gessed by

00:00⁰⁰

Gessed by

00:00⁰⁰

Gessed by

00:00⁰⁰

Gessed by

00:00⁰⁰

Gessed by

00:00⁰⁰

Gessed by

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Gessed by

All money raised will be donated to the Mental Health Foundation of NZ.
For any questions, email events@mentalhealth.org.nz or call 09 623 4810