

DIVERSI-TEA

KŌRERO STARTER CARDS

Creating a mentally healthy workplace is about creating a safe, supportive and strong workplace culture.

The starting point is simply getting to know each other and connecting with curiosity. When we get to know each other as whole people and not just as job roles, we develop respect and trust. By giving our time and attention we make an investment in our relationships and we have an opportunity to learn.

This activity is a simple way to start a kōrero and learn more about your hoamahi/colleagues. It is a way to make connections through commonality and be curious about the new and different.

If you are using these cards as a facilitated group activity, remember it is designed to be a relaxed way to get to know each other. Let people know it's OK to choose what they want to share or not.



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**HOW DO YOU MANAGE WHEN LIFE
GETS BUSY OR HECTIC?**

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**WHAT ARE THE THINGS THAT HELP
YOU HAVE A GREAT DAY AT WORK?**



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**WHAT'S ONE THING THAT MADE
YOU THE PERSON YOU ARE
TODAY?**



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**WHAT IS THE FIRST THING YOU DO
WHEN YOU GET TO WORK?**

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**WHAT IS YOUR NUMBER ONE
QUALITY IN A FRIEND?**

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WHAT IS ONE THING YOU LOVED
DOING AS A KID?



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**WHEN YOU GREET SOMEONE, ARE
YOU A HUGGER, HANDSHAKER OR
SOMETHING ELSE?**



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**WHAT IS SOMETHING YOU ARE
PROUD OF?**

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**WHAT IS A FAMILY TRADITION
YOU STILL CONTINUE?**

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**WHERE IS THE MOST BEAUTIFUL
PLACE YOU HAVE EVER BEEN?**



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**WHAT IS SOMETHING YOU HAVE
DONE THAT HELPED YOU
OVERCOME A FEAR?**



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HOW DO YOU GET TO WORK?



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**WHAT LANGUAGES ARE
SPOKEN IN YOUR FAMILY?**



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WHAT IS YOUR SECRET TALENT?



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**IF YOU HAD AN OPPORTUNITY TO DO
ANYTHING, WHAT'S SOMETHING
YOU'D LIKE TO TRY?**



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**WHAT IS SOMETHING YOU DO
THAT YOU REALLY ENJOY?**



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